

Lesson Plan

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Name of the Assistant/ Associate Professor... SUNIL KUMAR.....

Class and Section: B.A. 5th SEM.....

Subject: Psychology.....

Week	Date	Topics
1	1-Jan-18	Holiday
	2-Jan-18	Holiday
	3-Jan-18	Holiday
	4-Jan-18	Holiday
	5-Jan-18	Holiday
	6-Jan-18	Meaning of Applied Psy-
	7-Jan-18	Sunday
2	8-Jan-18	Definition of Applied Psy.
	9-Jan-18	Historical Background of Applied Psy
	10-Jan-18	Fields of Applied Psy
	11-Jan-18	Careers in Psy.
	12-Jan-18	Nature of Organisational Psychology
	13-Jan-18	Characteristics of O.P.
	14-Jan-18	Sunday
3	15-Jan-18	Importance of O.P.
	16-Jan-18	Limitations of O.P.
	17-Jan-18	Objective of O.P.
	18-Jan-18	Development of O.P.
	19-Jan-18	Practical Ist
	20-Jan-18	Meaning and field of Guidance
	21-Jan-18	Sunday
4	22-Jan-18	Vasant Panchami
	23-Jan-18	Importance of Guidance
	24-Jan-18	Sir Chhotu Ram Jayanti
	25-Jan-18	Scope of Guidance
	26-Jan-18	Republic Day
	27-Jan-18	Aims of Guidance
	28-Jan-18	Sunday
5	29-Jan-18	Principals of Guidance
	30-Jan-18	Type of Guidance
	31-Jan-18	Organisation of Guidance Programme

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Lesson Plan

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Name of the Assistant/ Associate Professor.....SUNIL KUMAR.....

Class and Section:.....B.A. 5th SEM.....

Subject:.....Psy. Merology.....

Week	Date	Topics
1	1-Feb-18	Organisation of Guidance Programme
	2-Feb-18	Organisation of Guidance Programme
	3-Feb-18	Assignment 1st
	4-Feb-18	Sunday
2	5-Feb-18	Practical 2nd
	6-Feb-18	Meaning of Counselling
	7-Feb-18	Definitions of Counselling
	8-Feb-18	Aim and Importance of Counselling
	9-Feb-18	Difference between guidance and counselling
	10-Feb-18	Maharshi Dayanand Saraswati Jayanti
	11-Feb-18	Sunday
3	12-Feb-18	Duties of Counselor
	13-Feb-18	Maha Shivratri
	14-Feb-18	Need of Counselling
	15-Feb-18	Special areas of Counselling
	16-Feb-18	Practical 3rd
	17-Feb-18	Special areas of Counselling
	18-Feb-18	Sunday
	4	19-Feb-18
20-Feb-18		Types of Counselling
21-Feb-18		Assignment - II
22-Feb-18		Meaning of Health Psy.
23-Feb-18		Scope of Health Psy.
24-Feb-18		Objective of Health Psy.
25-Feb-18		Sunday
5	26-Feb-18	Concept of Health
	27-Feb-18	Concept of illness
	28-Feb-18	Holiday

15/12/2017

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Lesson Plan

28

Name of the Assistant/ Associate Professor... SUNIL KUMAR

Class and Section: B. A. 6th SEM

Subject: PSYCHOLOGY

Week	Date	Topics
1	1-Mar-18	Guru Ravidas Birthday
	2-Mar-18	Holi
	3-Mar-18	Holiday
	4-Mar-18	Sunday
2	5-Mar-18	Practical 4th
	6-Mar-18	Meaning of Counselling Revision
	7-Mar-18	Definition of Counselling Revision
	8-Mar-18	Aim of Counselling Revision
	9-Mar-18	Importance of Counselling Revision
	10-Mar-18	Difference between guidance and counselling
	11-Mar-18	Sunday
3	12-Mar-18	Life style and Health
	13-Mar-18	Stress and Coping
	14-Mar-18	Stress and Coping
	15-Mar-18	Stress and Coping
	16-Mar-18	Psychological factors in Physical illness
	17-Mar-18	Practical - 5th
	18-Mar-18	Sunday
	4	19-Mar-18
20-Mar-18		Relationship between Psy and Law
21-Mar-18		Relationship between Psy and Law
22-Mar-18		Eyewitness Memory
23-Mar-18		Shaheedi Diwas of Bhagat Singh, Rajguru & Sukhdev
24-Mar-18		Eyewitness Memory
25-Mar-18		Sunday/ Ram Navami
5		26-Mar-18
	27-Mar-18	Concept of Accuracy and improvement
	28-Mar-18	Concept of Accuracy and improvement
	29-Mar-18	Mahavir Jayanti
	30-Mar-18	Practical 6th
	31-Mar-18	Practical 6th

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Lesson Plan

9

Name of the Assistant/ Associate Professor.....SUNIT KUMAR.....

Class and Section:.....B.A. 6th SPM.....

Subject:.....Psychology.....

Week	Date	Topics
1		Sunday
	1-Apr-18	
	2-Apr-18	Meaning of statistics
	3-Apr-18	Definitions of statistics
	4-Apr-18	Rank Difference Method
	5-Apr-18	Rank Difference Method
	6-Apr-18	Product Moment Method
	7-Apr-18	Product Moment Method
2	8-Apr-18	Sunday
	9-Apr-18	Rank Difference Method
	10-Apr-18	Rank Difference Method
	11-Apr-18	Product Moment Method
	12-Apr-18	Product Moment Method
	13-Apr-18	Revision of 4th unit
	14-Apr-18	Dr Ambedkar Jayanti / Vaisakhi
	15-Apr-18	Sunday
3	16-Apr-18	Revision of unit 3rd
	17-Apr-18	Revision of unit 2nd
	18-Apr-18	Parashurama Jayanti
	19-Apr-18	Revision of unit 1st
	20-Apr-18	Revision of Practical 1
	21-Apr-18	Revision of Practical 2
	22-Apr-18	Sunday
	4	23-Apr-18
24-Apr-18		Revision of Practical 4
25-Apr-18		Revision of Practical 5
26-Apr-18		Revision of Practical 6
27-Apr-18		Revision of all units
28-Apr-18		Sessional

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